

✓

1.2 KULLIYAT UMOORE TABIYA
(Basic Principles of Unani Medicine)

Theory- One paper- 100 marks
Total teaching hours: 100 hours

Mabhas-e-Aam (General Discussion)

1. Ilme Tib ki Tareef (Definition of Tibb)
2. Tib ke mozu aur garz-o- ghayat (Subject and objectives of Tibb)
3. Tibb ki darjabandi imsal ke sath (Classification of Tibb with suitable examples)
4. Umoore Tabeiya ki Tareef aur ahmiyat (Definition and importance of Umoor-e-Tabiyah)
5. Ala-e Tabeiya't wa Mana'at (Tools of Physis and Immunity)
6. Umoore Tabeiya ka mafhoom tareef, ta'dad wa ahmiyat (Meanings, definition, number and importance of Umoore Tabiyah)
7. Asbab ka bayan (Description of causes)

Arkaan (Anasir)

1. Arkan (Anasir) ki tareef (Definition of Arkan or Anasir)
2. Arkan ki Ta'dad aur anasir Arba ka Nazaria (Number of Arkaan and Concept of Arkan-e-Arba).
3. Anasir ka taba'ee muqam aur agraz -wo- maqasid (Physical position, purpose and significance of Arkan-e-Arba)
4. Anasir ka jadeed nazariya (Modern concept of Elements)
5. Jadeed nazariya ke mutabiq anasir-e-insaniah ki taqseem aur sehat wa maraz mein inki ahmiyat (Classification of Human element and their role in Health and Disease)

Mizaj

1. Mizaj ki tareef (Definition of Temperament)
2. Imtizaj-e-Sada, Imtizaj-e-Haqeeqi
3. Mizaj ki taqseem (Classification of Temperament)
4. Taqseem-e-Mizaje Mutadil (Classification of Equable or Balanced temperament)
5. Taqseem Mizaje Ghair Mutadil or Sue Mizaj (Classification of Unequable or Imbalanced temperament), Sue mizaj sada, sue mizaj maddi
6. Hararate Ghariziyah (Innate or Intrinsic heat)
7. Hararate ghariba Harat Muqassira
8. Mizaje Insani (Human temperament) Shanakhte Mizaje Insani (Identification of Human temperament)- Ajnas-e-Ashra
9. Mizaje Aaza (Aza-Mufrada, Aza Murakkaba)
10. Mizaje Asnan (Temperament of different ages) Mizaj-e-Asnaf
11. Mizaje Aqaleem (Human Temperament according different regions of Earth)
12. Ilaj-wo Moaleja mein Mizaj ki Ahmiyat aur Mizaj-e-Adviyah (Importance of the Mizaj with respects to drugs and therapeutics)

Akh'lat

1. Akh'lat Ki tareef (Definition of Humours)
2. Akhlate Arba' ka Ijmali bayan wo-Bahas (Description and discussion of Akhlate Arba)
3. Description of Dam (Blood) with classification and functions
4. Description of Balgham (Phlegm) with classification and functions
5. Description of Saf'ra (Bile) with classification and functions
6. Description of Sauda (Black Bile) with classification and functions
7. Basis of Akh'late Arba (Four Humours) Arbiyat Akhlat ke Dalayil
8. Tawleed Akhlaat (Production of Ak'hlat)
9. Ratoobate-Oola-wo- Sania
10. Huzume Arba' ka Ijmali bayan (Brief description of Four Digestions)

A'za

1. General description of A'za (Organs) and their classification
2. Definition of A'zae Mufradah (Simple Organs).
3. Classification of A'zae Mufradah
4. Description and functions of the following organs:
 - a) Azm (Bone)
 - b) Ghuzruf (Cartilage)
 - c) Ribat (Ligaments)
 - d) Wat'r (Tendon)
 - e) Asab (Nerve)
 - f) Ghisha (Membrane)
 - g) Laham (Flesh)
 - h) Shaham (Fat)
 - i) Shiryan (Arteries) and vareed (Veins)
5. Theory of Abu Sahl M seehi about A'zae Mufradah (Simple Organs)
6. Inclusion of Sha'r (Hair), Zufr (Nail) and Mukh (Marrow) in A'zae Mufradah
7. Definition of A'zae Murakkaba (Compound Organs) with their classification
8. Definition of A'zae Raisah (Vital Organs) and their classification
9. Definition of A'zae Khadimah (Subordinate Organs)
10. Definition of 'Uzue Mu'ti (Donor Organ) and their classification
11. Definition of 'Uzue Qabil (Recipient Organ) and their classification

Arwah

1. Definition of Ruh with its various interpretations and classification
2. Concept of Ruh (Pneuma) according to different Unani Scholars
3. Ruh ke wazaif wa masalik (Functions of Ruh and its routes)
4. Ruh and Tarwih (Oxygenation)
5. Concentration of Ruh at certain location

1. Definition of Quwa (Powers or Faculties) with classification and functions
2. Quwwate Nafsaniyah (Psychic or Mental Faculty)
3. Quwwate Muharikah (Motor Faculty)
4. Quwwate Mudrikah (Faculty of Perception)
5. Hawase Khamsah Zahirah (Five Special Senses)
6. Quwwate Basirah (Power of Vision)
7. Quwwate Sami'ah (Power of Hearing)
8. Quwwate Shammah (Power of Smell)
9. Quwwate Za'iqah (Power of Taste)
10. Quwwate Lamisah (Power of Tactile Sensation)
11. Hawase Khamsah Batinah (Intellectual Senses)
12. Hisse Mushtarak (Power of Composite Senses)
13. Quwwate Mutakhayyalah (power of reasoning and imagination)
14. Quwwate Hafizah (Power of Memory)
15. Quwwate Mutasarrifah (Power of modification)
16. Quwwate Waahimah (Power of apprehension)
17. Quwwate Haywaniya (Vital Faculties)
18. Quwwate Fa'ilah and Munfa'ilah (Active and Passive Faculty)
19. Advantages of Inqibaze Qalb wa Inbisate Qalb (Systolic and Diastolic movements of the Heart)
20. Brief description of Daurane Khoon (Blood Circulation)
21. Definition and Classification of Quwwate Tabeiya (Physical Power)
22. Definition and functions of Quwwate Ghaziah
23. Definition and functions of Quwwate Namiah (Power of Growth)
24. Detailed description of Shara'ete Taghziyah (Conditions of nutrition)
25. Functional stages of Quwwate Ghaziah (Quwat-e-Gazia ke madraj amal)
26. Definition and functions of Quwwate Mutaghayyarah (Power of transformation)
27. Detailed description of Taghayyurate Ghiza (Metabolism of Nutrients)
28. Definition and functions of Quwae Tabeiya Khadimah (Subordinate of Physical faculty)
29. Definition and functions of Quwae Jazibah, Masikah, Hazimah wa Dafiah (Powers of absorption, retention, digestion and excretion)
30. Detailed description of Huzume Arba' (Four Digestions)
31. Description of Haz'me Me'di (The Elementary Digestion)
32. Description of Haz'me Kabidi (The Hepatic Digestion)
33. Description of Haz'me Uruqi (Vascular Digestion)
34. Description of Haz'me Uzwi (Cellular Digestion)
35. Definition and classification of Quwwate Tanasuliyah (Power of reproduction)
36. Definition and functions of Quwwate Muwallidah (Generative Power)
37. Definition and functions of Quwwate Musawwirah (Moulding Power)
38. Definition and classification of Af'aal (Functions) according to Quwa (Powers)